

ERICA ANDERSON, MS

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Tampa, FL

EDUCATION

PhD	University of South Florida, Behavioral and Community Sciences Specializations: Cultural Competence and Health Disparities	Expected 2022
MPH	University of South Florida, Concentration: Behavioral Health	Expected 2022
MS	Bethune-Cookman University, Counseling Psychology Concentration: Clinical Mental Health	December 2017
BS	University of Tampa, Psychology Concentration: Clinical Psychology Minored in Philosophy	May 2015

HONORS AND AWARDS

Cobb Scholar, W. Montague Cobb Institute	2020
Phi Kappa Phi Member	2019
University Graduate Fellow, University of South Florida	2018
McKnight Doctoral Fellow, Florida Education Fund	2018
Excellence Award, Bethune-Cookman University	January 2016
Dean's Award-Undergraduate Research Conference, University of Tampa	January 2015
Lambda Tau Omega, Twenty Pearls Foundation, Inc. Scholarship	2011

PROFESSIONAL AFFILIATIONS

National Alliance on Mental Illness	2017-Present
American Counseling Association	2017-Present
American Pain Society	2016-2017
American Public Health Association	2016-2018
Society of Behavioral Medicine	2016-2018
The Association of Black Psychologists (ABPsi)	2016-Present
The National Society of Leadership and Success	2012-2015

PROFESSIONAL SERVICE

Student Circle Chair-Elect	Oct 2020-Present
The Association of Black Psychologists (ABPsi)	
▪ Oversee the progress of the 8 subcommittees	

- Collaborate on various initiatives such as the Historically Black Colleges and Universities (HBCU) Push, the Leadership Development Institute, and others
- Assists in planning nationally Student Circle events for a membership body of 300+

Reviewer

April 2020-Present

Journal of Behavioral Health Services & Research (JBHS&R)

- *JBHS&R* is a quarterly, multidisciplinary, peer-reviewed that publishes articles that assesses the delivery, outcomes and other factors of behavioral health services
- Assists in reviewing manuscripts that have been submitted for publication
- Expertise: Health Disparities, Chronic Mental Illness, Mental Health Providers, Trends in Mental Health Services, and Service Delivery Systems

Student Circle Strategic Planning Committee Chair

Oct 2019-Sept 2020

The Association of Black Psychologists (ABPsi)

- Partnered with the National Board of Directors to develop innovative initiatives that will support and advance the mission for the Student Circle Division and overall Organization
- Solicited strategic planning ideas from Student Circle Board and general student body members
- Collaborated with developing materials for the annual ABPsi Student Circle Scholarship and assist with reviewing scholarship applications

Vice President

July 2020-Current

SISTUHS, Inc., Tampa, FL Professional Chapter

- Oversee all of the chapters standing committees and coordinates with all committee coordinators on their activities
- Assess members' needs and the functional needs of the chapter
- Submit and process requisitions for chapter related needs

Political Action Committee Chair

July 2019-June 2020

SISTUHS, INC., Tampa, FL Professional Chapter

- Coordinated chapter and community-wide events regarding political issues
- Planned and implement projects regarding voter registration drives and Census 2020 preparation
- Held monthly committee meetings and develops an agenda and accurate meeting minutes

Chapter Advisor

July 2019-Present

SISTUHS, INC., USF Collegiate Chapter

- Oversee events in alignment with the organization's national projects and programs
- Verify academic materials for prospective members
- Serve as a mentor to members of the collegiate chapter

Student Circle Membership Chair

July 2017- Sept 2019

The Association of Black Psychologists (ABPsi)

- Assisted in designing for The Association of Black Psychologists Student Circle

- Coordinated efforts to recruit new and retain current Student Circle (undergraduate and graduate), members
- Assisted members in chartering their own ABPsi SC Chapter on their college/university campus
- Facilitated the promotion of the Student Circle at various events (e.g. national convention, regional conferences and workshops when feasible)
- Facilitated monthly conference call with committee members
- Collaborated with the development of the HBCU Initiative led by the ABPsi National Board

Vice President

Aug 2013-May 2014

Psychology Club- University of Tampa

- Co-facilitated the youth mentoring program for adolescents at neighboring high schools near the university
- Served as a tutor to club members in various subjects (e.g. Logic, Psychopharmacology and Biopsychology)
- Facilitated leadership activities
- Promoted and advocated for mental health awareness around campus

COMMUNITY SERVICE

Hillsborough Education Foundation-Take Stock in Children

Mentor, Aug 2019-Present

SISTUHS, INC. Tampa Professional Chapter

General member, Political Action Committee Chair, Activities Co-Chair
Nov 2018-Present

Community Counseling Center at Midtown

Outreach Coordinator, Feb 2016-Jul 2019

Delta Academy

Volunteer, April 2014

Big Brothers Big Sisters of Tampa Bay

Big Sister, Aug 2013-June 2014

CERTIFICATIONS AND LICENSES

Psychological First Aid
Certification

2020

CPR/First Aid
Certification

2019

Mental Health First Aid

2017-Present

Certification

Registered Mental Health Counselor Intern (RHMHCI)

Exp: Feb 2023

RESEARCH INTERESTS

- Cultural competency
- Mental and physical health disparities
- Community-based participatory research
- Health literacy and communication
- Social determinants of health

TEACHING EXPERIENCE

University of South Florida

Teaching Assistant- “Cultural Diversity, Health and Behavioral Health”

Fall 2019, Fall 2020

Intermediate level course delivered in an online format that provides an in-depth look into the study of cultural diversity challenges in behavioral health and investigates issues of critical importance related to health disparities, promoting social change and culturally competent practice with an emphasis on gender, sexual orientation, identity and race/ethnicity, disability and class. This course is designed to assist students to seek competitive employment in diverse community-based behavioral healthcare settings. After the course, students will develop self-awareness concerning diverse values, beliefs, attitudes and behaviors; and, develop a critical understanding of research methodologies that are commonly used to study disparities in behavioral healthcare and health status. Projects are graded using performance checklists. (3 credits)

University of South Florida

Professor- “Cultural Diversity, Health and Behavioral Health”

Spring 2020

Intermediate level course delivered in an online format that provides an in-depth look into the study of cultural diversity challenges in behavioral health and investigates issues of critical importance related to health disparities, promoting social change and culturally competent practice with an emphasis on gender, sexual orientation, identity and race/ethnicity, disability and class. This course is designed to assist students to seek competitive employment in diverse community-based behavioral healthcare settings. After the course, students will develop self-awareness concerning diverse values, beliefs, attitudes and behaviors; and, develop a critical understanding of research methodologies that are commonly used to study disparities in behavioral healthcare and health status. Projects are graded using performance checklists. (3 credits)

RESEARCH EXPERIENCE

Graduate Research Assistant

Aug 2018 – Present

University of South Florida

- Assist with multiple research projects on various topics such as:
 - An integrative review on stigma and mental health
 - Using Peer Education to reduce hospital readmissions among older adults with physical and mental health comorbidities
 - A qualitative research project examining cost of health care conversations among racial and ethnic minorities
 - An evaluation of a community-based chronic disease self-management program
- Assists in training a team of 5+ undergraduate students in conducting qualitative and quantitative research
- Contribute to the written development of scholarly publications and evaluation reports

Assistant Evaluator

July 2018-Sep 2018

FYI Community Partnership Inc.

- Developed and distributed an online survey via Qualtrics to capture real-time questionnaire data from
- Facilitated field research and data collection with undergraduate research students
- Analyzed quantitative data from over 80 questionnaires via SPSS 24 for correlational analysis
- Co-developed an evaluation report with suggested recommendations for improvement to improve the overall quality of life for a community in Clearwater, FL.

Ethics Competition Team

Sep 2017-Nov 2017

Bethune-Cookman University

- Assisted in preparing for the 2017 American Counseling Association Ethics Competition submission
- Selected as the team leader
- Conducted a literature review of current ethical violations regarding social media and client privacy

Black Women's Health Research Team

July 2017-July 2018

NYU School of Medicine

- Participated in the monthly research team conference calls
- Provided contributions to book chapters on cervical cancer and herpes disparities among African American women
- Conducted literature reviews related to minority mental health and health disparities among African American women
- Participated in the development of the Black Women's Health Handbook by co-authoring the mental health chapter

Research Coordinator

January 2016-July 2018

Bethune-Cookman University, Daytona Beach, FL

- Collaborated with the PI and institutional departments to review fiscal expenditures of the K22 grant mechanism
- Engaged in continuing education activities, presented at state-wide and national conferences and attended seminars to stay abreast of clinical studies affairs and issues
- Collaborated with consultants and the PI to develop grant proposals to fund prospective research projects
- Monitored participant enrollment to ensure that informed consent was properly obtained and documented any adverse effects from the clinical trial

Graduate Research Assistant

Aug 2015-Dec 2017

Bethune-Cookman University

- Attended and presented research at national scientific conferences
- Conducted literature review on racial identity among college-aged students attending Historically Black Colleges and Universities (HBCUs)
- Assisted in coordinating the Annual Community Mental Health Conference
- Co-facilitated annual community service projects (i.e. clothing and food drive for homeless families with children)
- Participates in graduate school panel discussions about behavioral and mental health disparities among minorities
- Serves as a community liaison for assessing the mental health needs of the surrounding Midtown Area
- Provided academic counseling to undergraduate students

Lead Undergraduate Research Assistant

Aug 2013-Apr 2015

University of Tampa

- Mentored and trained new undergraduate research team members
- Distributed assent and consent forms to participants
- Conducted bi-weekly and monthly follow up (for two months) surveys to participants
- Conducted research under the supervision of a faculty mentor with expertise in child and adolescent development
- Conducted community participatory research

Undergraduate Research Assistant

Oct 2012-Aug 2013

University of Tampa

- Conducted research among children (ages 4-6)
 - Investigated the effects of embedding learning activities within a narrative on enhancing learning and memory
 - Incorporated an application developed by the research mentors for the Apple iPad to use throughout the children’s museum

CLINICAL EXPERIENCE

Therapist

Aug 2020-Current

Tampa Counseling and Wellness

- Provide comprehensive and ongoing mental health assessments for adolescent and adult clients
- Conducts routine case review meetings to discuss client progress, engage a small team in problem resolution, and to ensure consistent implementation of the goals from the treatment plan
- Provide direct clinical services to individuals, couples, and families using a variety of treatment modalities

Redirection/Impact Therapist

July 2019-Dec 2019

Chrysalis Health, Tampa, FL

- Provided outpatient individual and family therapy to clients and families involved with the Department of Juvenile Justice
- Provided psycho-educational services to clients regarding diagnosis, medication and anger-management
- Utilized Cognitive-Behavioral Therapy (CBT) and Motivational Interviewing (MI) techniques

Clinical Counselor Intern

May 2017-Dec 2017

Children's Home Society of Florida, South Daytona Beach, FL

- Conducted individual psychotherapy with adults experiencing a range of psychological issues including Bipolar Disorder, Depression, Anxiety, Grief/Loss, Co-occurring Addictions, Anger and Personality Disorder
- Provided psychoeducational lessons to children and adolescents, crisis intervention, and parent consultation
- Prepared referral documentation for adjunct support for high-risk clients (i.e. active suicidal behavior and ideation)
- Conducted interviews and generated reports for psychological evaluations
- Received supervision from diverse theoretical approaches including psychoanalytic, interpersonal, structural and strategic family therapy, multicultural, and cognitive-behavioral

Group Co-Facilitator

Mar 2017-May 2018

Community Counseling Center at Midtown, Daytona Beach, FL

- Co-facilitated therapy groups for vulnerable adult populations (HIV positive clients, homeless and clients with substance abuse disorders)
- Developed and distributed psychoeducational material
- Completed intake assessment and screened for mental health disorders
- Trained master's level students to co-facilitate group and individual counseling sessions

Intern

Mar 2017-Apr 2017

Domestic Abuse Council, Daytona Beach

- Co-facilitated group therapy sessions and administered required therapeutic homework assignments to clients
- Developed and organized a resource manual for group therapy sessions
- Prepared and completed session notes and safety plans

RELATED EXPERIENCE

University of South Florida

Neuropsychology Technician

Oct 2018-Nov 2020

Administered and scored over 100 standardized tests of cognitive function that assessed: attention, memory, executive function, mood, visuospatial ability, and personality to assist in the diagnosis of neuropsychology disorders. Once scored, all test scores were entered into a database for additional analysis.

GRANTSMANSHIP AND FUNDED PROJECTS

Active Project

Storytelling Saves Lives: Challenging the Stigma of Mental Illness through Stories from the Black Community

100043 (K Conner, PI)

08/2020-Current

Total Award: \$30,000

Role: Project Coordinator

Completed Projects

Exergame Physical Activity, Pain, Functional Mobility and Disability among African American and non-Hispanic White Women with Knee Osteoarthritis

1K22MD006143-01 (F.B. Rahim-Williams, PI)

07/2015-07/2018

Total Award: \$745,682

Role: Research Coordinator

FYI Community Partnership Inc.,
Clearwater Community Needs Assessment

07/2018-10/2018

Total Award: \$10,000

Role: Assistant Evaluator

Pending Projects

Enhancing the Care Transitions Intervention to Reduce Disparities in Hospital Readmissions among Older Adults with Co-occurring Medical Illness and Depression (K Conner, PI)

National Institutes of Health (NIH)

Role: Project Coordinator

Examination of the Evidence-based Care Transitions Intervention Enhanced with Peer Support to Reduce Racial Disparities in Hospital Readmissions and Patient Outcomes Patient-Centered Outcomes Research Institute (PCORI)

Role: Project Coordinator

PUBLICATIONS

Book Chapters

Anderson, E. (In Press). *Physical Health Disparities Facing Racial and Ethnic Minorities in the United States Today*. Race and Ethnicity in America: From Pre-Contact to the Present. Santa Barbara, CA: ABC-CLIO

Journal Papers in Review

Conner, K., Gum, A., Schonfeld, L., & **Anderson, E.** (Under Review). Enhancing the Care Transitions Intervention with Peer Support to Improve Outcomes among Older Adults with Co-occurring Clinical Depression: A Pilot Study. *Home Health Care Services Quarterly*

Conference Abstracts

Anderson, E., Vickers, A., Anderson, T., Feaster, W., Rahim-Williams, B., Ph.D., MPH, MA (April 2018). The Social Construction and Language of Pain among Women Managing Knee Osteoarthritis Pain. Society of Behavioral Medicine, New Orleans, LA.

Feaster, W., **Anderson, E.**, Peters, C., Gavin, K., Rahim-Williams, Ph.D., MPH, MA (April 2018). BMI, Self-Efficacy, and Physical Performance as Risk factors for Pain among Individuals with Knee Osteoarthritis (OA). Society of Behavioral Medicine, New Orleans, LA.

Peters, C., **Anderson, E.**, Rahim-Williams, B., Ph.D. (November 2017). Examining Perceptions of Knee Joint Replacement and Physical Activity among Women with Knee Osteoarthritis (OA): DAPPA Study. 2017 Florida Classic Luncheon, Orlando, FL.

Anderson, E., Rahim-Williams, B., Ph.D. (March 2017). Determinants of Psychosocial Variables and Physical Activity among Adults with Knee OA Pain: A Systematic Review of the Evidence. Society of Behavioral Medicine, San Diego, CA.

Mills, C., **Anderson, E.**, Vickers, A., Gavin, K., Rahim-Williams, B., MA, MPH, Ph.D. (November 2016). Mindful Distraction as Novel Pain Treatment among Women with Knee Osteoarthritis. American Public Health Association, Denver, CO.

Anderson, T., **Anderson, E.**, Rahim-Williams, B., MA, MPH, Ph.D. (October 2016). Understanding CAM and Conventional Medicine as Combination Therapy for Treatment of Knee Osteoarthritis Pain among adults: A Focus Group and Systematic Literature Review Synergy. American Public Health Association, Denver, CO.

Mills, C., **Anderson, E.**, Vickers, A., Gavin, K., Denson, E., Rahim-Williams, MA, MPH, Ph.D. (April 2016). Using Mindfulness to Reduce Pain Health Disparities among Older Women with Knee Osteoarthritis Pain. Bethune-Cookman University-Academic Showcase, Daytona Beach, FL.

Vickers, A., **Anderson, E.**, Gavin, K., Mills, C., Denson, E., Rahim-Williams, MA, MPH, Ph.D. (April 2016). Exergame Physical Activity and Functional Mobility Among Women with Knee Osteoarthritis. Bethune-Cookman University-Academic Showcase, Daytona Beach, FL.

Anderson, E., Vickers, A., Johnson, R., McClinton, V. (April 2016). Investigating Racial Identity among College Students Attending a Historically Black University. The Association of Black Psychologists, Inc. Student Circle Conference, Daytona Beach, FL.

Mills, C., Vickers, A., Gavin, K., **Anderson, E.**, Rahim-Williams, B., MA, MPH, Ph.D. (February 2016). Using Mindfulness to Reduce Pain Health Disparities among Older-aged Women with Knee Osteoarthritis. Florida Health Disparities Summit (HERI), Tampa, FL.

Anderson, E., Ropel, D., Skowronek, J., Blessing, S. (April 2015). We're Off to See the Wizard! Using Narrative to Enhance a Museum Visit. University of Tampa-Undergraduate Research Conference, Tampa, FL.

PRESENTATIONS AND INVITED LECTURES

Invited Lecture

Guest Lecturer

April 2018

Bethune-Cookman University, Daytona Beach, FL

- Invited lecturer for an undergraduate Psychology course
- Lectured on professional development within the field

Guest Lecturer

November 2019

Bethune-Cookman University, Daytona Beach, FL

- Invited lecturer for an undergraduate Psychology course
- Lectured on professional development within the field

Invited Presentations

Anderson, E. (June 2020). Emotional Intelligence. 2020 Texas Youth Summit. Austin, TX.

Jones, N., **Anderson, E.** (October 2017). Getting Classroom Results with Results-Based Accountability. Research on Teaching and Learning Summit. Kennesaw, GA.

Vickers, A., **Anderson, E.**, McClinton, V. (October 2016). Examining the relationship between the racial identification of college students at a Historically Black University and their sense of mental health awareness. Association of Black Sexologists and Clinicians. Ft. Lauderdale, FL.

Vickers, A., **Anderson, E.**, Johnson, R., McClinton, V. (August 2016). Using RBA to Identify and Raise Awareness at A HBCU in Regards to Racial Identity and Self Care. Association for Black Psychologist, Arlington, VA.

REFERENCES

Available upon request.