

Curriculum Vita

EMILIE ELLENBERG, LMHC, CAP, MA

University of South Florida
13301 Bruce B Downs Blvd., MHC2525B, Tampa, FL · 813-403-8445
Eblanto2@usf.edu · EmilieEllenbergLMHC@yahoo.com
ORCID: <https://orcid.org/0000-0003-0879-6421>

RESEARCH & TEACHING INTERESTS

Research: Unmet Mental Health Needs of the Chronically Ill, Policy and treatment Disparities, Evidence-Based Practices, Integrated Physical & Mental Health Systems of Care, Disparities in Service Availability
Teaching: Mental Illness, Addictions, Field Experience, Professional Development, Therapeutic Skill Building, Counseling Theory and Practice

EDUCATION

AUGUST 2022 – MAY 2025
PHD, UNIVERSITY OF SOUTH FLORIDA
Behavioral & Community Sciences
Faculty Advisors: Dr. Kathleen Moore & Dr. Gregory Teague

DECEMBER 2012 – SUMMA CUM LAUDE
MA, UNIVERSITY OF SOUTH FLORIDA
Rehabilitation & Mental Health Counseling Program
GRADUATE CERTIFICATE, UNIVERSITY OF SOUTH FLORIDA
Addictions & Eating Disorders

MAY 2010 – MAGNA CUM LAUDE
BA, UNIVERSITY OF SOUTH FLORIDA
MAJOR: Psychology
MINOR: Behavioral & Community Sciences

LICENSURE & CERTIFICATION

APRIL 2023- ONLINE INSTRUCTOR CERTIFICATION (OIC)
University of South Florida

MARCH 2015 – PRESENT
LMHC, LICENSED MENTAL HEALTH COUNSELOR
FL-MH13313

JANUARY 2018 – TO PRESENT
QS, QUALIFIED SUPERVISOR FOR STATE REGISTERED INTERNS
Department of Health FL 491 Board Designation

APRIL 2013 – JUNE 2022
CAP, CERTIFIED ADDICTIONS PROFESSIONAL
FL-CAP5796

EXPERIENCE

JANUARY 2024-AUGUST 2024 & JANUARY 2021-AUGUST 2021

SUPPORT STAFF & PEER MENTOR
SRI SUMMER RESEARCH INSTITUTE
UNIVERSITY OF SOUTH FLORIDA, TAMPA, FL
Supervisor: Dr. Kathleen Moore.

AUGUST 2022- DECEMBER 2023

INSTRUCTOR OF RECORD / GRADUATE TEACHING ASSISTANCE, UNIVERSITY OF SOUTH FLORIDA
COLLEGE OF BEHAVIORAL & COMMUNITY SCIENCES
DEPARTMENT OF MENTAL HEALTH LAW & POLICY
Instructor for MHS2031: Mental Illness & Addictive Disorders, MHS4455: Drug Abuse, Prevention, and Recovery

AUGUST 2022- PRESENT

GRADUATE RESEARCH ASSISTANCE (DOCTORAL LEVEL), UNIVERSITY OF SOUTH FLORIDA
COLLEGE OF BEHAVIORAL & COMMUNITY SCIENCES
DEPARTMENT OF MENTAL HEALTH LAW & POLICY
Supervisor: Dr. Kathleen Moore.

AUGUST 2020 – AUGUST 2022

ADJUNCT FACULTY / INSTRUCTOR OF RECORD, UNIVERSITY OF SOUTH FLORIDA
COLLEGE OF BEHAVIORAL & COMMUNITY SCIENCES
DEPARTMENT OF MENTAL HEALTH LAW & POLICY
Adjunct Instructor for Department of Mental Health Law & Policy – Courses Taught: MHS2031 Mental Illness & Addictive Disorders and MHS4425 Field Placement.

OCTOBER 2013 – TO PRESENT

PRIVATE PRACTICE THERAPIST, SELF-EMPLOYED

Providing outpatient therapeutic services to individuals, couples, and families. Specific areas of focus include Eating Disorders and General Mental Health. Additional Activities include delivering workshops and trainings, yoga classes, individual yoga training sessions, working within the Trauma Informed Yoga Teacher Training Program of Pose by Pose Yoga Studio, supervising student interns and providing Qualified Supervision for FL State Registered Mental Health Interns. Past roles have additionally included providing assessment and treatment for individuals who have obtained a DUI or Possession charge within surrounding counties.

NOVEMBER 2013 – TO AUGUST 2019

MULTIPLE ROLES, GULF COAST JEWISH FAMILY & COMMUNITY SERVICES (GCJFCS)

December 2017- August 2019: *Program Director of Adele Gilbert Forensic Residential Treatment Facility* for Adults with Severe & Persistent Mental Illness within the Florida Forensic (FL Statute 916) System of Care.

April 2016- December 2017: *Clinical Supervisor of Hillsborough Safe at Home Child Welfare Diversion Program*

January 2015- May 2016: *Lead Clinician of Darlington Residential Treatment Facility* for Adults with Severe & Persistent Mental Illness

November 2013-January 2015: *Outpatient Therapist for the Counseling Center* Providing In-Home Counseling Services for children, teens, and adults.

Additional work for the agency included working with Pasco & Pinellas County Sheriff's offices to provide Crisis Intervention Training (CIT) to officers on a quarterly basis; Participating on the Trauma Informed workgroup to ensure the agency operated as trauma informed; Providing In-Service Trainings to Staff throughout the agency/across programs.

JANUARY 2012 – TO OCTOBER 2013

PRIMARY THERAPIST, HYDE PARK COUNSELING CENTER

Primary Therapist for Residential Treatment Facility working with women who have eating disorders, substance use disorders, or both and commonly dually diagnosed with a mental illness. Levels of care included aftercare, outpatient, intensive outpatient, partial hospitalization, and residential. Treatment team included psychiatry, registered dietician, peer support, clinical director, and primary therapist. Additional roles included providing assessments as well as group and individual therapy to individuals involved with the DUI Counterattack Program of Hillsborough County. Paid Student Intern from January 2012- June 2012.

DECEMBER 2011 – TO AUGUST 2012

GRADUATE RESEARCH & TEACHING ASSISTANT, UNIVERSITY OF SOUTH FLORIDA

Graduate Assistant to the program of Rehabilitation and Mental Health Counseling, Research Assistant to Dr. Joan Reid. Teaching Assistant to Dr. Tennyson Wright. These roles were completed during completion of Master's Program at USF.

JANUARY 2010 – TO MAY 2010

COUNSELING INTERN, FALKENBERG RD. JAIL

USF Student Intern within the jail's outpatient mental health and substance abuse program. Some duties included providing intake assessments within the jail's pods, assisting in group therapy, and psychoeducation.

TEACHING EXPERIENCE

INSTRUCTOR OF RECORD:

USF TAMPA – UNDERGRADUATE

MHS4455- DRUG ABUSE, PREVENTION, AND RECOVERY – FALL 2023

MHS2031- MENTAL ILLNESS & ADDICTION - FALL 2020-FALL 2023

MHS4425- BEHAVIORAL HEALTHCARE FIELD PLACEMENT- SPRING 2022

TEACHING ASSISTANT:

USF TAMPA: COUNSELING IN COMMUNITY SETTINGS, DR. WRIGHT– SPRING 2012

GUEST LECTURER:

USF TAMPA: MULTIDISCIPLINARY BEHAVIORAL HEALTHCARE SYSTEMS

PROFESSOR DR. DOW: SPRING 2020, FALL 2021

UT TAMPA: GENERAL MEDICAL CONDITIONS & SURGICAL ISSUES IN ATHLETIC TRAINING:

SPRING 2021, SPRING 2022, SPRING 2023, SPRING 2024

RESEARCH EXPERIENCE

RESEARCH ASSISTANT (DOCTORAL LEVEL)

USF TAMPA, FACULTY ADVISOR DR. KATHLEEN MOORE

- 8/2022 – 12/2023: COMMUNITY-ENGAGED QUALITATIVE RESEARCH DATA COLLECTION, ANALYSIS, DISSEMINATION
- 10/2023 – 4/2024 QUALITATIVE ANALYSIS AND DISSEMINATION
- 12/2023- CURRENT QUALITATIVE ANALYSIS AND DISSEMINATION
- 12/2023-5/2025 COMMUNITY-ENGAGED QUALITATIVE DATA COLLECTION, ANALYSIS, DISSEMINATION, LITERATURE REVIEW
- 12/2023-5/2025 COMMUNITY-ENGAGED, MIXED METHODS RESEARCH DATA COLLECTION, ANALYSIS, DISSEMINATION

RESEARCH ASSISTANT (MASTERS LEVEL):

USF TAMPA, DR. JOAN REID

Spring 2012, Summer 2012, Fall 2012

RESEARCH ASSISTANT (UNDERGRADUATE):

USF TAMPA, DEPARTMENT OF PSYCHOLOGY

SRI Lab: Fall 2009, Spring 2010

PUBLICATIONS

PUBLISHED REPORTS:

HILLSBOROUGH COUNTY & TAMPA BAY THRIVES

Moore, Kathy, Brown, Bonnie, **Ellenberg, Emilie**, Carlson, Melissa, & Morehead, Amy (2023). Understanding mental health perceptions and the impact of stigma on accessing behavioral health services: An evaluation with Hillsborough County, *Tampa Bay Thrives*.

TAMPA BAY THRIVES:

Moore, Kathy, **Ellenberg, Emilie**, Brown, Bonnie, & Carlson, Melissa. (2023) Understanding mental health perceptions and the impact of stigma on accessing behavioral health services: An evaluation of the Tampa Bay region, *Tampa Bay Thrives*.

PRESENTATIONS

APA POSTER PRESENTATION:

Ellenberg, Emilie, Moore, Kathy, & Carlson, Melissa. (2024). Assessing behavioral health services as learned behavior: A qualitative, community-engaged research study. APA American Psychological Association Convention, Seattle, WA.

SOQM QUALITATIVE SYMPOSIUM POSTER PRESENTATION:

Ellenberg, Emilie, Abazu, Somtochukqu, & Ojeleye, Olajumoke. (2024). A triangulated qualitative exploration of the mental health needs of patients with autoimmune conditions and comorbid symptoms of mental health. SOQM Qualitative Symposium, University of South Florida, Tampa, FL.

CELEBRATION OF TEACHING POSTER PRESENTATION:

Greenfield, Kelsey & **Ellenberg, Emilie** (2024), Transdisciplinary Teaching Approaches. Celebration of Teaching, CITL Symposium, University of South Florida, Tampa, FL.

APA POSTER PRESENTATION:

Ellenberg, Emilie, Moore, Kathy, & Carlson, Melissa, (2023), Assessing behavioral health services: A qualitative, community-engaged research study. APA American Psychological Association Conference, Washington DC. *Accepted, did not present*.

AWARDS

TRAINING PROVIDED

Ellenberg, Emilie, Carlson, Melissa, & Moore, Kathy (2024). What do I do next? How to Handle Transit Assaults Related to Behavioral Health Comorbidities, How to Identify Signs and Symptoms of PTSD, and How to Cope Moving Forward. Webinar. Department of Transportation.

Ellenberg, Emilie, Carlson, Melissa, & Moore, Kathy (2024). Trauma: How to Recognize & Respond to the Symptoms in Oneself and Others. Webinar. Center for Urban Transportation Research.

PROFESSIONAL AFFILIATIONS

2023-CURRENT
STUDENT ORGANIZATION FOR QUALITATIVE METHODS (SOQM)
Member

2023-CURRENT
AMERICAN PSYCHOLOGICAL ASSOCIATION
Member

2016-2018
SUNCOAST MENTAL HEALTH COUNSELORS ASSOCIATION
Secretary of the Board, Tampa Chapter

2016-2023
FLORIDA MENTAL HEALTH COUNSELORS ASSOCIATION

Professional Member

2013-2014; 2019-CURRENT
INTERNATIONAL ASSOCIATION OF EATING DISORDER PROFESSIONALS
Professional Member 2019-Current
Vice President of Tampa Bay Chapter April 2013-May 2014

COMMUNITY INVOLVEMENT

VOLUNTEER TRAINER, 2017-2019
PASCO CIT TRAINING

Volunteer mental health professional for the Pasco County Sheriff's Office Crisis Intervention Team training program
Supervisor: Captain Roach, Behavioral Health Unit

VOLUNTEER TEACHER, 2017-2018

HILLSBOROUGH COUNTY CHILD WELFARE

Weekly volunteer yoga teacher for at risk youth in Hillsborough County group home