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Dr. Stephanie Rosado

Senior Research, Evaluation and Learning Associate
Foundation for Healthy Saint Petersburg

Dr. Rosado successfully defended her dissertation titled *Osteoarthritis, social role participation, and satisfaction with life: A quantitative study informed by the Social Identity Model of Identity Change (SIMIC)*.

PROFESSIONAL SUMMARY

Dr. Stephanie Rosado is a Senior Research, Evaluation, and Learning Associate at The Foundation for a Healthy St. Petersburg, an adjunct professor at the University of South Florida School of Social Work, and a Certified Wellness and Health Coach. With a background as a professional athlete, social worker, and researcher, Stephanie's diverse experiences fuel her passion for social work, research, and wellness. Her compelling story has also led her to speak at TEDx about the intersection of these areas.

Stephanie believes in dedicating her time to service-related projects and pressing societal issues. For example, she has held previous positions as an executive committee member for the Alliance of Social Workers in Sports (ASWIS) and member of the USF Status of Latinos (SoL) Presidential Advisory Committee. Currently, she volunteers for the Arthritis Foundation nationally and locally, and she also dedicates time to mentoring graduate students.

Overall, Stephanie is passionate about promoting positive health, mental health, and lifestyle outcomes for various populations including minoritized racial and ethnic groups, athletes, adults, and those living with osteoarthritis. Her research has focused on health and wellbeing, sport social work, and her dissertation research examined social role participation, identity, and satisfaction with life among adults diagnosed with osteoarthritis.

Stephanie enjoys staying active, creative outlets like digital art and advocacy-related content creation, running, traveling, spending time with loved ones, and going out to eat—she considers herself a “foodie” and loves good eats!

RECENT PUBLICATIONS

- * Bell, T. & Rosado, S. E. (2023). HoopGurlz's biased recruiting: Racial and positional stereotyping in girls' basketball scouting reports. *Feminist Media Studies*, DOI: 10.1080/14680777.2023.2258295
- * Rosado, S. E. (2023). Osteoarthritis affects us too: an expert panel survey of factors important for younger adult wellbeing. *Social Work in Health Care*, 62(2-4), 73-92. <https://doi.org/10.1080/00981389.2023.2191654>
- * Kratz, S. E. & Rosado, S. E. (2022). Sport social work. In L. Rapp-McCall, K. Corcoran & A. R. Roberts (Eds.), *Social workers' desk reference* (4th ed.). Oxford University Press. <https://global.oup.com/academic/product/social-workers-desk-reference-9780190095543?lang=en&cc=us#>
- * Rosado, S. E., Fogel, S., Nourie, A., & Kratz, S. E. (2023). Facing the COVID-19 Opponent: Checking in with Former Collegiate Athlete Women at Halftime. *Sport Social Work Journal*.
- * Fogel, S. J., Nourie, A. E., Rosado, S. E., & Gilyard, S. K. (2023). Reflections on recruiting PhD students: Change happens from within. *Reflections: Narratives of Professional Helping*

COURSES TAUGHT

- Field Instruction
- Meaning in Life
- Happiness and Wellbeing

COURSES DEVELOPED

- Meaning in Life Undergrad Research
- Happiness and Wellbeing Undergrad Research

CERTIFICATION

Certified Health and Wellness Coach

Real Balance

RESEARCH INTERESTS

- Health and wellbeing
- Mental Health
- Minoritized racial and ethnic groups
- Sport Social Work
- Social work in non-traditional settings
- Athletes
- Adults
- Osteoarthritis

EDUCATION

Ph.D. Social Work

University of South Florida

2024

Masters of Social Work

University of Southern California

2019

Bachelors in Arts Sociology/ Psychology

Indiana- Purdue University Fort Wayne

2012